



**2019**

**SOCIAL MEDIA CALENDAR**

**Q4**




# HOW TO USE

## OUR SOCIAL MEDIA CALENDAR

- Plan your digital content in advance
- Write down any important dates you want to plan for
- Take some notes along the way

# OCTOBER

## NOTES

SU	M	T	W	TH	F	S
		01 INTERNATIONAL COFFEE DAY 	02	03	04	05
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26 NATIONAL PUMPKIN DAY 
27	28	29	30	31 HALLOWEEN 		



### Monthly Observances

- BREAST CANCER AWARENESS MONTH
- GLOBAL DIVERSITY AWARENESS MONTH
- EMOTIONAL WELLNESS MONTH
- NATIONAL BOOK MONTH
- NATIONAL DESSERT MONTH

# NOVEMBER

## NOTES

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SU	M	T	W	TH	F	S
					01	02
03	04 NATIONAL CANDY DAY 	05	06	07	08	09
10	11	12	13 WORLD KINDNESS DAY <i>you're amazing</i>	14	15	16
17	18	19	20	21	22	23
24	25	26 NATIONAL CAKE DAY 	27	28	29	30

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### *Monthly Observances*

- NATIONAL HEALTHY SKIN MONTH
- NO-SHAVE NOVEMBER
- NATIONAL NOVEL WRITING MONTH
- NATIONAL GRATITUDE MONTH

# DECEMBER

## NOTES

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SU	M	T	W	TH	F	S
01	02 CYBER MONDAY 	03	04	05	06	07
08	09	10	11 NATIONAL APP DAY 	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31 NEW YEAR'S EVE 				

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### *Monthly Observances*

UNIVERSAL HUMAN RIGHTS MONTH  
SAFE TOYS AND GIFTS MONTH  
WRITE A BUSINESS PLAN MONTH

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